

SISTERS UNDER SAIL™

*A Leadership Program for
Teenage Girls Aboard Tallship Unicorn*

*Do you have a teenage girl in your life
that would benefit from
improved self-esteem and
a higher level of confidence?*



Sisters Under Sail™

***A non-profit leadership sail
training program for teenage
girls designed to build
confidence and self-esteem,
develop social conscience and
teach the value of sisters
working together
towards a common goal.***

This summer, in partnership with Tallship Unicorn, Sisters Under Sail™ will conduct a series of sail training leadership programs for girls age 13 to 21 along the East Coast, Long Island Sound, New England and the Canadian Maritimes.

Calling ALL Sisters ...

COME & MEET US

Philadelphia Boat Show
Jan. 18 - 21- Booth
#1119

Chicago's Strictly Sail
Show Feb. 1 - 4 Booth
#147C

We'll be offering several **SUS**
information seminars
throughout both shows.

win a
FREE
Passage

SISTERS UNDER SAIL™
more details about this

- As an all-female crew, learn to sail a tall ship with confidence.
- Come together as a team to support and be supported by your sisters.
- Find your courage.

To ensure a quality experience, each voyage is limited to six girls aboard the authentically rigged and well appointed Tallship Unicorn.

Programs sold out in 2006 putting over 30 girls at the wheel of a 118-foot tallship....cool!
9 weeks of Sisters Under Sail in 2007.

[Register](#)

*"My daughter found strength and bravery she didn't know she had inside of her. She learned the value of listening, working as a team and reaching inside of her to discover her true worth."
Melinda Wilp ~ Mother*

We work hard to establish a circle of trust for the girls so that they experience far reaching growth in:

- **building confidence**
- **teamwork**
- **taking responsibility**
- **appreciating others**

Under the watchful eye of a professional crew, the girls **stand watch** and **take the wheel**, set sails together, navigate a course and swab the wooden decks. They dine together as a group around Unicorn's large galley table and have daily discussions connecting their seafaring experience with their teenage life on land. Each girl keeps a **journal** to record her adventure and personal journey toward self-



teenage leadership program

[Program Schedule](#)

[Registration](#)

[Daily Activities](#)

[Testimonials](#)

[Tallship Unicorn](#) about the ship – see photographs and ship layout

For more information call
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908 713-1808

discovery.

"I liked that we only had girls on-board. I found it so much easier for me to open up in our group sessions. I wasn't afraid to try new things."

Lindsey ~ age 15

"The experience showed me how to be my own woman."

Danielle ~ age 17

REGISTER NOW

.....
Our Girls Take the Helm

Tallship Unicorn